

### Important Announcements about House Calls

#1: Do not return calls to the caller ID number that appears when your **House Calls** appointment reminder message is left on your phone. Call the main office number at **817.282.0200**.

#2: Please do not exclusively depend upon House Calls messages left on your phone to remind you of your More-Smiles orthodontic appointment. During times of power surges, brown-outs, and complete power outages, the phone system may shut down and not allow these calls to occur. The system will not reset itself which may result in a missed reminder call. Depend upon your personal calendar for scheduling your orthodontic appointments. House Calls will serve as a backup reminder.

### Continuing Education...

On March 26, 2008, the More-Smiles Orthodontic staff attended a Facial and Oral Surgery Associates presentation by John P. Stella, DDS, entitled "Orthognathic Surgery".

On February 15, 2008, the 2<sup>nd</sup> Annual NTFOS Dental Symposium was held at the Grapevine Convention Center. Staff members attended to broaden their knowledge and perspective on the latest advancements in dental and implant technology and related issues focusing on Implant, TMJ, Cosmetic Dentistry, Workplace Ergonomics, Fad Diets, and Oral Pathology.

### New Contest

**Match the Pet with the  
More-Smiles Staff Member**

**Pickup your Entry Sheet at  
the office on your next visit.**

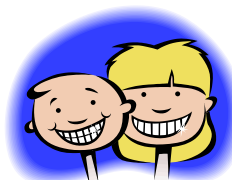
**Win a Gift Certificate**

**Winners from the More-Smiles  
GUESS the Celebrities Contest**

**Colleyville Office  
John Thomas Sprague**

**Azle Office  
Shane Stubbs**

Congratulations to the winners. Each received a **\$50 Chili's Gift Card** and **4 movie passes** for correctly matching the scrambled faces with their corresponding names.



### **The Orthodontic Twins...**

**Good hygiene is essential when you have braces.  
Braces make it harder to clean your teeth and gums.**

#### Tips for Patients and Parents:

1. Take your time brushing. If you fail to take the time to properly brush your teeth and stimulate your gums, gum tissue will develop inflammation and cavities will result from this neglect.
2. Brush your teeth after every meal or snack.
3. Carry a travel toothbrush at all times. At school you can go into the bathroom after lunch and brush your teeth. No toothpaste is necessary at this time, just a little water. If unable to brush immediately, rinse your mouth with water to loosen and remove food debris. Then brush as soon as possible.
4. Keep routine dental appointments. Some parents are under the assumption that since a child is undergoing orthodontic care, there is no need to keep up with their routine cleanings and examinations. This is not true. Since there is a greater potential for cavities and gum disease, these regular visits are crucial to your child's dental health.

*Following these tips will result in a lifetime of  
More-Smiles.*



**Terry L. Moore, D.D.S., P.A.**  
**Carly C. Cunningham, D.D.S., M.S.**  
**Moore Orthodontics**

**Offices located at:** 8300 Precinct Line Road, #100, Colleyville, Texas 76054 **817.282.0200**  
500 Boyd Court, Azle, Texas 76020

### Topic

**Orthodontic Experience**

**Dr. Carly's Corner  
"A Farewell Message"**

**Congratulations**

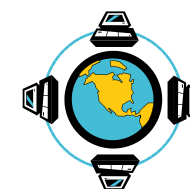
**Wisdom Teeth**

**Funniest Christmas  
Stories**

**Important  
Announcement**

**Contest Winners**

**Orthodontics Twins**



**Visit our Web Site  
[www.more-smiles.com](http://www.more-smiles.com)**



**Brush and Floss Often**



**Dr. Terry L. Moore, Dr. Carly C. Cunningham, and Staff**

### **Orthodontic Experience**

Our current More-Smiles' Orthodontic staff has worked with Dr. Terry Moore while accumulating **129 years** of orthodontic experience. The team members that make up that experienced group include:

<b>Chris Roffe</b> , Finance Mgr.	...	...	21 yrs
<b>Leann Beamish</b> , Clinical Mgr.	...	...	21 yrs
<b>Laura Wingate</b> , Ortho Assistant	...	...	20 yrs
<b>Debbie Isom</b> , Office Mgr.	...	...	17 yrs
<b>Donna Brinkley</b> , Insurance Coord.	...	...	13 yrs
<b>Phyllis Riggs</b> , Sterilization Coord.	...	...	12 yrs
<b>Sherry Johnson</b> , New Patient Coord	...	...	10 yrs
<b>Monica Hensley</b> , Ortho Assistant	...	...	5 yrs
<b>Suzy Bowles</b> , Lab Mgr.	...	...	5 yrs
<b>Cari Ross</b> , Front Desk Coord.	...	...	4 yrs
<b>Anna Bowerman</b> , Ortho Assistant	...	...	1 yr
<b>Leslie Perkins</b> , Ortho Assistant	...	...	9 m
<b>Kristen Witt</b> , Ortho Assistant	...	...	7 m

**More-Smiles Orthodontics** will continue to maintain the talent and experience essential to providing the highest quality service to you... our dedicated customer.



### Dr. Carly's Farewell...

I would like to share my upcoming plans with each of you. My husband, Russell, is completing his oral surgery residency this coming June. We are really excited that he has finally finished school and achieved his dream of becoming an oral surgeon. He will be working for his father's oral surgery group, Austin Oral and Maxillofacial Surgery, located in central Texas. We will be moving to Dripping Springs, TX, which is located about 15 miles southwest of Austin, where my husband grew up and where we have dreamed of living. I am currently building an office in Dripping Springs, where I will set up my practice, Cunningham Orthodontics, P.C. We have begun the building process and are planning on being open in mid July.

I regret to inform you that I will no longer be practicing here in Colleyville and Azle. I have been so blessed to have been able to work with my father for the past year and a half and with such a wonderful group of talented ladies, our staff at More Smiles. I could not have asked for a better opportunity and I am so grateful for my time here. I have also been blessed to have worked with such wonderful patients and surrounding dentists, oral surgeons, pediatric dentists, periodontists, endodontists, and prosthodontists. I will truly miss my daily interaction with each of you. If for any reason you need to get in touch with me, please feel free to email me at [cunninghamorthodontics@hotmail.com](mailto:cunninghamorthodontics@hotmail.com) or visit my website at [www.cunninghamorthodontics.com](http://www.cunninghamorthodontics.com).

Sincerely,

Carly Cunningham



**Debbie Isom** is proud to announce the engagement of her son **Kory** to **Mikenzie Melius**. They have planned to wed in the spring of 2009.

Welcome **Kristen Witt** to the More-Smiles orthodontic staff. Kristen is 22 and graduated from Keller High School. She is a former patient of Dr. Moore's and decided she wanted to become an orthodontic assistant. After attending ATI and performing her internship at More-Smiles, she came to work permanently and is happy to be a part of Dr. Moore's staff.



Congratulations to **Brittany Hanson** upon graduating from Oklahoma State University with a Bachelor of Science Degree in Business Administration. Brittany worked at More-Smiles for several years before entering college.



### Wisdom Teeth – Important Reasons to Remove Them

**SPACING** – Limited space for wisdom teeth to erupt and surrounding gums that are difficult to keep clean can lead to inflammation and infection even when there are no apparent signs of symptoms. Over time, this problem will spread to surrounding teeth and is difficult, if not impossible, to control.

**PRENATAL CARE** – Research has shown that oral inflammation associated with wisdom teeth may contribute to pre-term or low birth weight infants.

**VALUE OF WISDOM TEETH** – When wisdom teeth erupt normally through the gums, they seldom provide any meaningful purpose and are very difficult to keep clean.

**CYSTS and TUMORS** – Impacted wisdom teeth can cause the development of cysts and/or tumors, the removal of which may require extensive procedures to repair and restore jaw function and normal appearance.

**COMPLICATIONS** – The longer one waits to remove their wisdom teeth, the greater chance of complications associated with extracting them.

**LONG TERM EFFECTS** – Inflammation and gum disease associated with wisdom teeth may lead to development of receding gum tissues, deterioration of the jawbone, and tooth loss.

**CROWDING** – Retaining wisdom teeth may contribute to crowding of nearby teeth.

**CARDIOVASCULAR DISEASE, DIABETES, and STROKE** – Wisdom teeth that do not appear to have any problems continue to breed oral infections and inflammation. Researchers have found links to support the concept that oral inflammation can penetrate the blood stream and contribute to the progression or enhancement of several diseases such as cardiovascular disease, diabetes, and stroke.

**EASIER REMOVAL and FASTER RECOVERY** – When evidence indicates that a wisdom tooth will not successfully erupt in a normal manner and cannot be maintained in a healthy state, early removal of wisdom teeth is linked to faster and easier recovery.

**PEACE OF MIND** – Early removal of wisdom teeth eliminates the worry and concern about possible harmful and damaging effects related to poorly maintained wisdom teeth.

*Need more information about wisdom teeth? Ask Dr. Moore or your general dentist.*

### Contest Winners: "Tell us your Funniest Christmas Stories"

**Ashton Hymas** writes:

My parents and I were attending a Christmas party when Santa arrived and was passing out candy canes to all the children. I was 5 years old and more concerned with the reindeer outside in the cold than Santa. I was an animal lover and, as any 5-year old, was curious. I decided to leave the building and go check on the reindeer. During this time, my mother thought I was with my father and my father thought I was with my mother. As soon as they realized I was not with either of them, they headed outside to find me. As they walked outside, they were greeted by a police officer who was holding me by the hand. He asked if I was their child. He was patrolling the area and saw me walking around the building. He asked me what I was doing. I was very confident and told the officer I was looking for the reindeer to check on them and be sure they were okay. My parents were grateful I was okay, and afterwards, all of us had a good laugh.



**Leana McTaggart** writes:

One time my mom was baking Christmas cookies. She was walking through the kitchen with a bag of flour when she slipped on the tile floor and the flour went all over her and the floor. At the same time, my little brother bumped into my mom and fell with her. We were all laughing so hard we cried.