

Important Announcements about House Calls

#1: Do not return calls to the caller ID number that appears when your **House Calls** appointment reminder message is left on your phone. Call the main office number at **817.282.0200**.

#2: Please do not exclusively depend upon House Calls messages left on your phone to remind you of your More-Smiles orthodontic appointment. During times of power surges, brown-outs, and complete power outages, the phone system may shut down and not allow these calls to occur. The system will not reset itself which may result in a missed reminder call. Depend upon your personal calendar for scheduling your orthodontic appointments. House Calls will serve as a backup reminder.

Match the Pet Winners

Azle Office
Kayleigh Mize

Colleyville Office
Rylie McDonough

Winners received a
\$100 Gift Certificate

Congratulations!!

Olympic Games Contest Winners

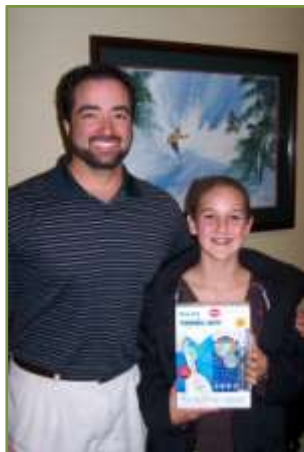
Azle Office
Winner

MacKensie
Martin



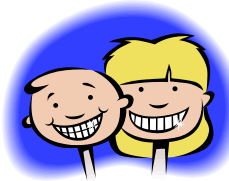
Colleyville
Office
Winner

Kylie
Smith



Winners received a Sonicare system

Congratulations!!



The Orthodontic Twins...

Good hygiene is essential when you have braces. Braces make it harder to clean your teeth and gums.

"Watch that Holiday Candy..."

While wearing braces, do not eat foods that are hard, sticky, crunchy, or chewy. Avoid candy, gum, and nuts. Avoid Jolly Ranchers, Lifesavers, Starbursts, Jaw Breakers, Tootsie Rolls, Gummy Bears, Caramel, and Taffy.

What can a teenager needing a candy fix eat when all of their favorites are on the "X" list? As long as you steer clear of the really sticky and chewy candies, you can get away with quite a bit. Pixy Stix are okay as well as basic chocolate (Yeh!) and some of the harder candies can be sucked rather than bitten.

REMEMBER: You must brush vigorously after eating, especially after eating candy. It is the little price you must pay to indulge in sweets when you wear braces.

Thanks for making More-Smiles #1



Terry L. Moore, D.D.S., P.A.
Jose Chow, D.D.S.

Moore Orthodontics

Offices located at: 8300 Precinct Line Road, #100, Colleyville, Texas 76054 **817.282.0200**
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Topics

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Family Putt-Putt 2008

Meet our Staff

Feather in Your Hat

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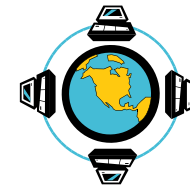
Merry Christmas and Happy New Year 2009
Dr. Terry L. Moore, Dr. Jose Chow, and Staff

Orthodontic Experience

Our current More-Smiles' Orthodontic staff has worked with Dr. Terry Moore while accumulating **129 years** of orthodontic experience. The team members that make up that experienced group include:

Chris Roffe , Finance Mgr.	22 yrs
Leann Beamish , Clinical Mgr.	22 yrs
Laura Rasor , Ortho Assistant	21 yrs
Debbie Isom , Office Mgr.	18 yrs
Donna Brinkley , Insurance Coord.	13 yrs
Phyllis Riggs , Sterilization Coord.	13 yrs
Monica Hensley , Ortho Assistant	6 yrs
Suzy Bowles , Lab Mgr.	6 yrs
Cari Ross , Front Desk Coord.	5 yrs
Heather Torrence , Ortho Assistant	2 yrs
Anna Bowerman , Ortho Assistant	2 yrs
Leslie Perkins , Ortho Assistant	1 yr
Carrie Jennings , Ortho Assistant	6 m

More-Smiles Orthodontics will continue to maintain the talent and experience essential to providing the highest quality service to you... our loyal customer.



Visit our Web Site
www.more-smiles.com



Brush and Floss Often

Dr. Jose Chow's Corner

Early Intervention



The American Association of Orthodontists currently recommends that children be seen by an orthodontist by age 7. While treatment may not be indicated until most of the permanent teeth have erupted (usually around age 12), certain cases can benefit from early treatment to prevent existing conditions from worsening, or to make treatment of the permanent dentition less complicated. Below is a list of certain situations in which we recommend early orthodontic intervention:

Severe crowding: In cases with severe crowding that may prevent proper eruption of permanent teeth due to a space deficiency, we can use expanders to increase the space available for the developing permanent teeth and allow for their proper eruption. This can sometimes eliminate the need for extraction of **permanent teeth in order to attain the space necessary for the permanent dentition.**

Crossbites: Expanders can also be used to correct crossbites (a discrepancy between the upper and lower arches where the upper arch lies within the lower arch). By taking advantage of a young patient's growth potential, early expansion can produce lateral growth of the upper arch with minimal, unwanted tipping of the teeth.

Underbites: In situations where the lower front teeth rest in front of the upper front teeth, a reverse pull headgear can be used to "jump" the bite into the proper position. When treated early while there is still growth available, these cases can sometimes avoid the need for extractions or even surgery to achieve a proper bite.

Habits: Certain habits such as thumb sucking and tongue thrusting can lead to open bites, or a lack of contact between the upper and lower teeth. Custom made appliances, such as thumb guards or tongue cribs, can help patients eliminate these habits and allow the teeth to settle into their proper positions. When these habits persist for years, especially into the early teens, they can make treatment extremely complicated and even require orthognathic surgery to achieve a proper bite.

Jaw discrepancies: In situations where the upper jaw is too far forward or the lower jaw is too far back, early orthodontic treatment can help modify the growth pattern and guide it into a more favorable pattern. In cases where the upper jaw is too far forward a headgear appliance can be used to restrain the upper jaw and allow the lower jaw to "catch up." In cases where the lower jaw is too far back, a Herbst appliance can be used to guide the lower jaw into a more anterior position, improving not only the bite, but the facial profile as well.

Space maintenance: Early loss of a primary tooth can lead to shifting of the adjacent primary teeth, eliminating the space available for the permanent teeth that would normally replace that tooth. In these cases a space maintainer will hold that space until the permanent tooth erupts.

If you have any questions regarding early orthodontic treatment feel free to give us a call or schedule a free consultation.

Dr. Moore Sponsors More-Smiles Family Putt-Putt 2008



Help us welcome **Carrie Jennings** as a new More-Smiles Orthodontic Assistant. She has been married 22 years to her husband Richard, and spends a lot of time watching her two boys Garrett 18 and Gage 16 play high school football. She loves to travel... especially to the **beach!**

Welcome back to
Heather Torrence, Orthodontic Assistant.
We missed her smile and friendly patient approach.

Feather in Your Hat

Brittany Thornton is 14 and a seventh grader at North Richland Middle school. This summer, she was in the Production of Disney's **Jungle book**. Brittany loves to sing, dance, and act. She also loves to read and ice skate. Her favorite subject at school is Theater.

